

The Bay of Fundy is a delta-shaped bay in the Atlantic Ocean between New Brunswick and Nova Scotia. It is famous for its tidal flow. A billion tons of seawater flow in and out of the Bay of Fundy during one tide cycle. That is more than the combined flow of the world's freshwater rivers!

The Bay of **Fundy**

The height of the tide in the Bay of Fundy is about 9 metres on average, but the maximum difference between high and low tides can reach 19 metres, which is about the height of a six-storey building! The rising and ebbing waters have carved out many spectacular overhanging sea caves and cliffs. Aboriginal folklore says that the tides in the Bay of Fundy are caused by a giant whale splashing in the water.

At low tide, you can walk down and explore the bottom of the bay. It is a perfect time to look for fossils. And if you are interested in fossils, you must stop by the Joggins Fossil Centre on the Fundy Shore in Nova Scotia. There, you can see the world's largest collection of fossils dating back 300 million years!

